

## **RESUME**



### **PERSONAL INFORMATION**

- **Name** : Chintamani Suvarna Badrinath
- **Permanent Address** : K.V. Road, Phople Chaul, Ward No 6,  
Shrirampur, Dist- Ahmednagar
- **Date of Birth** : 24 Jan 1996.
- **Academic Qualification** : M.A. Clinical Psychology.
- **Marital Status** : Unmarried.
- **Nationality** : Indian
- **Contact No.** : 9766712604/7058418076
- **Email Id** : [suvarnabchintamani@gmail.com](mailto:suvarnabchintamani@gmail.com)
- **Category** : OBC
- **Department** : Psychology
- **Designation** : Assistant Professor, Department of Psychology,  
Date - 22/11/2021

## ACADEMIC QUALIFICATIONS

Sr. No.	Degree	Board / University	Subjects	Year of passing	Percentage	Grade/ class
1.	M.A.	Savitribai Phule Pune University	Clinical Psychology	2018	74.44 %	O Grade
2.	B.A.	Savitribai Phule Pune University	Psychology	2016	62.23 %	First Class
3.	H.S.C.	Pune Board	General	2013	51.50 %	Second Class
4.	S.S.C.	Pune Board	General	2011	59.66 %	High Second
5.	M.S.-C.I.T.	MSBTE, Mumbai		2013	90.00 %	O Grade
6.	Typing Marathi	MSCE, Pune		2017	67.00 %	B Grade
7.	Typing English	MSCE, Pune		2017	67.00 %	B Grade

## TEACHING EXPERIENCE

Sr. No.	Name Of college	Period	Nature
1.	Shardabai Pawar Mahila Mahavidyalaya, Shardanagar, Tal. Baramati Dist. Pune	15/07/2019 to 30/04/2020	CHB
2.	Chhatrapati Shivaji College, Satara (Autonomous)	22/11/2021	CHB

## RESEARCH PAPER PUBLICATION

### ➤ PUBLICATIONS IN RESEARCH JOURNALS :

1. “कोरोना पश्चात उद्भवणाऱ्या मानसिक समस्यांच्या निराकरणार्थ मानसशास्त्रीय आंतरनिरसने” MARATHI MANASSHAstra PARISHAD, PUNE Organized 8<sup>th</sup> National & 35<sup>th</sup> State Level Annual Conference 3<sup>rd</sup> February, 2023 & 4<sup>th</sup> February, 2023 THEME: “POST COVID WELLBEING AND CHALLENGES”.
2. “कृषि महाविद्यालयातील विद्यार्थी व विद्यार्थिनी यांच्या भ्रमणध्वनिधिनतेचा तुलनात्मक अभ्यास” R. B. NARAYANRAO BORAWAKE COLLEGE, SHRIRAMPUR VIDYAWARTA PEER-REVIEWED INTERNATIONAL JOURNAL, JANUARY 2020 SPECIAL ISSUE, ISSN: 2319-9318 PAGE NO.200-203
3. “किशोरवस्थेतील विद्यार्थ्यांच्या इंटरनेटधिनतेचा व मानसिक आरोग्याचा सह-संबंधात्मक अभ्यास” SHARADCHANDRAJI PAEAR COLLEGE, JEJURI CONTEMPORARY ISSUES IN MAINTAINING PHYSICAL, & MENTAL HEALTH SATTE LEVEL CONFERENCE, JANUARY 2020 PAGE NO.117-120
4. “डॉक्टर व शिक्षक्यांच्या भावनिक बुद्धीमातेचा तुलनात्मक अभ्यास” BABUJI AVHAD MAHAVIDYALAYA, PATHARDI, PRATHMESH PRAKASHAN NATIONAL LEVEL SEMINAR, JANUARY 2018 SHODHANKAN SPECIAL ISSUE-7 ISSN-2250-0383 UGC APPROVED (SLNO.2630) JOURNAL NO. 48999. IMPACT FACTOR-0.421 PAGE NO.126-130

**RESEARCH PAPER PRESENTED**

<b>Sr. No.</b>	<b>Title of the Research Paper</b>	<b>Title</b>	<b>Level</b>	<b>Place and Date</b>
1.	कोरोना पश्चात उद्भवणाऱ्या मानसिक समस्यांच्या निराकरणार्थ मानसशास्त्रीय आंतरनिरसने	POST COVID WELLBEING AND CHALLENGES	8 <sup>th</sup> National & 35 <sup>th</sup> State Level Annual Conference	Shri Pancham Khemraj Mahavidyalaya, Sawantwadi 3 <sup>rd</sup> and 4 <sup>th</sup> February, 2023
2.	कृषि महाविद्यालयातील विद्यार्थी व विद्यार्थिनी यांच्या भ्रमणध्वनिधिनतेचा तुलनात्मक अभ्यास	Two Day Seminar Impact of Social Media On Psycho-social Behavior	State Level Conference	R. B. Narayanrao Borawake College, Shrirampur 20 <sup>th</sup> and 21 January 2020
3.	किशोरवस्थेतील विद्यार्थ्यांच्या इंटरनेटधिनतेचा व मानसिक आरोग्याचा सह-संबंधात्मक अभ्यास	Two Day State Level Conference Contemporary Issues in Maintaining Physical & Mental Health	State Level Conference	Sharadchandraji Pawar College, Jejuri 2 <sup>nd</sup> & 3 <sup>rd</sup> January 2020
4.	डॉक्टर व शिक्षक यांच्या भावनिक बुद्धीमातेचा तुलनात्मक अभ्यास	Two Day National Level Seminar Strategy Of War and Psychol	National level Seminar	Babuji Avhad Mahavidyalaya, Pathardi 12 <sup>th</sup> & 13 <sup>th</sup> January 2018

## RESEARCH WORK

- **Karmaveer ECOFEST 2023:** National Level Research Competition Presentation in “Case Study of Paranoid Schizophrenia” at Chhatrapati Shivaji College, Satara (Autonomous) on 9<sup>th</sup> March 2023.
- **Research project:** डॉक्टर व शिक्षक यांच्या भावनिक बुद्धिमत्तेचा तुलनात्मक अभ्यास
- **Clinical Case Studies** project for M.A. –II ( VI Semester)

## TRAINING PROGRAMME

- Course Coordinator of Certificate Course in “MINDFULNESS AND RELAXATION THERAPY” as a Skill and Job Oriented Course in the year 2022-2023.
- Coordinator of Three Days Training Programme on “Mindfulness and Relaxation Therapy and Psychological First Aid” at Chhatrapati Shivaji College, Satara (Autonomous) on 12<sup>th</sup> March, 2023 to 14<sup>th</sup> March, 2023.
- INNER PEACE MEDICAL YOGA THERAPY CENTER PUNE/ SATARA, certificate of participation in “MEDICAL YOGA & MEDITATION SEMINAR” on 14<sup>th</sup> March, 2023.
- Organizing Committee member of One Day State Level Awareness Program on “Alzheimer’s and Dementia” at Chhatrapati Shivaji College, Satara (Autonomous) on 21<sup>st</sup> September 2022.

- Organizing Committee member in Training Program on “Clinical Case Study Conducting and Report Writing Skills” at Chhatrapati Shivaji College, Satara (Autonomous) on 07<sup>th</sup> September 2022.
- Organizing Committee member in Training Programs of “Applications of Psychological Tests” at Chhatrapati Shivaji College, Satara (Autonomous) on 25<sup>th</sup> August 2022.
- Course Coordinator of Certificate Course in “MINDFULNESS AND RELAXATION THERAPY” as a Skill and Job Oriented Course in the year 2021-2022.
- Successfully completed the “Short Term Course in introduction to basic psychological counseling” in the department of psychology at R. B. Narayanrao Borawake College Shrirampur in academy year 10 Dec 2015-21 Mar 2016.
- Successfully completed Certificate course “Assistant Hair Stylist” in Globsyn Skills Development (P) Ltd. On 07/10/2016.

### **WORKSHOP ATTENDED**

1. Organizing Committee member of Two Days National Workshop on “Youth Personality Development: Skills and Techniques” at Chhatrapati Shivaji College, Satara (Autonomous) on 23<sup>rd</sup> March, 2023 & 24<sup>th</sup> March, 2023.
2. Organizing Committee member of One Day State Level Workshop on “Application of Cognitive Behavior Therapy” at Chhatrapati Shivaji College, Satara (Autonomous) on 16<sup>th</sup> March, 2023.
3. One Day Workshop on “IMPLEMENTATION OF NEP-2020” at Chhatrapati Shivaji College, Satara (Autonomous) on 2<sup>nd</sup> March 2023.

4. Committee member of One Day National Workshop on “Capacity Building of Life skills” at Chhatrapati Shivaji College, Satara (Autonomous) on 13<sup>th</sup> October, 2022.
5. Resource Member in One Day Workshop on “National Education Policy 2020: Autonomous College Curriculum Structure and Examination System” at Chhatrapati Shivaji College, Satara (Autonomous) on 12<sup>th</sup> October, 2022.
6. Organizing Committee member of Two Days National Level Workshop on “Essential Skills of Clinical Psychologist” at Chhatrapati Shivaji College, Satara (Autonomous) on 10<sup>th</sup> October, 2022 & 11<sup>th</sup> October, 2022.
7. Attendance Certificate a One Day Workshop on Regulations governing Choice Based Credit System, Academic Bank of Credits (ABC), Multipal Entry and Multipal Exit (MEME), and Programme Structure, with reference to National Education Policy 2020 held on 30<sup>th</sup> September 2022 at Chhatrapati Shivaji College, Satara.
8. Coordinator of Two Days National Workshop on “Skills of Hypnotherapy” at Chhatrapati Shivaji College, Satara (Autonomous) on 12<sup>th</sup> September, 2022 to 13<sup>th</sup> September, 2022.
9. Organizing Committee member of State Level Workshop on “Yuva Manasrang” at Chhatrapati Shivaji College, Satara (Autonomous) on 02<sup>nd</sup> September 2022.
10. Organizing Committee member of Five Days National Workshop on “Skills of Marriage and Family Therapist” at Chhatrapati Shivaji College, Satara (Autonomous) on 4<sup>th</sup> and 8<sup>th</sup> May 2022.
11. Organizing Committee member of One Day Online National Level Workshop on “Impact of COVID-19 on Psycho-Social Behavior” at Chhatrapati Shivaji College, Satara (Autonomous) on 5<sup>th</sup> March 2022.

12. Organizing Committee member of One Day Online National Level Workshop on “Time and Stress Management at Workplace” at Chhatrapati Shivaji College, Satara (Autonomous) on 4<sup>th</sup> March 2022.
13. Attended on day Jointly Organized Workshop under Lead College Scheme On “Research Methodology in Social Sciences” at Chhatrapati Shivaji College, Satara (Autonomous) on 15<sup>th</sup> January 2022.
14. Attended on day state level Faculty Development workshop on “Application of REBT in Daily Life” (Rational Beneficiary Therapy) at Chhatrapati Shivaji College, Satara (Autonomous) on 30<sup>th</sup> March 2021.
15. Attended on day International level workshop on “Skills of Stress and Relationship Management” at Chhatrapati Shivaji College, Satara (Autonomous) on 22<sup>th</sup> March 2021.
16. Attended on day state level workshop on “Management of Self-Identity” at Chhatrapati Shivaji College, Satara (Autonomous) on 20<sup>th</sup> March 2021.
17. Attended on day state level workshop on “Psychological Counselling: Process and Essential Skills” at Chhatrapati Shivaji College, Satara (Autonomous) on 17<sup>th</sup> March 2021.
18. Attended Workshop Under Lead College Scheme, Shivaji University, Kolhapur “DIET AND HEALTH” at Chhatrapati Shivaji College, Satara (Autonomous) on 9<sup>th</sup> March 2021.
19. Attended State Level Workshop on “BUILDING OF EMOTIONAL MUSCLES” at Chhatrapati Shivaji College, Satara (Autonomous) on 6<sup>th</sup> March 2021.
20. Attended One Day Workshop “Personality Development” at Chhatrapati Shivaji College, Satara (Autonomous) on 16<sup>th</sup> January 2020.



21. Attended One Day Workshop “Vivahpurva Samaupdeshan” at Chhatrapati Shivaji College, Satara (Autonomous) on 19<sup>th</sup> January 2019.
22. Attended on day state level workshop on “Consequences of Social Media Networking Among Women” at pravera rural education societys womens college of home science and BCA , A/P-Loni kdon 12<sup>th</sup>Sep 2018
23. Attended one day Workshop on “Research Methodology and Applications of SPSS” at R.B. Narayanrao Borawake College, Shrirampur on 15<sup>th</sup> March 2018.
24. Workshop on “Diet and Health” at R.B. Narayanrao Borawake College, Shrirampur on 25<sup>th</sup> Jan 2018.
25. Attended Workshop on “Counseling” at R.B. Narayanrao Borawake College, Shrirampur on 24<sup>th</sup> Jan 2018.
26. Attended Workshop on “Women empowerment” at R.B. Narayanrao Borawake College, Shrirampur on 23<sup>th</sup> Jan 2018.
27. Attended Workshop on “Vidyarthini Vyaktimahatva Vikas Shibir” at R.B. Narayanrao Borawake College, Shrirampur on 20<sup>th</sup> Jan 2017.
28. Attended Workshop on “Appati Vyavasthapan Prashikshan” at R.B. Narayanrao Borawake College, Shrirampur on 15<sup>th</sup> and 16<sup>th</sup> Feb 2016.
29. Attended Workshop on “Vidyarthini Vyaktimahatva Vikas Shibir” at R.B. Narayanrao Borawake College, Shrirampur on 12<sup>th</sup>Feb 2016.
30. Attended District Level Workshop on “Vivahpurva Samaupdeshan Karyashala” at R.B. Narayanrao Borawake College, Shrirampur on 15<sup>th</sup> Dec 2015.

31. Attended District Level Workshop on “Nirbhay Kanya Abhiyan Prashikshan” at R.B. Narayanrao Borawake College, Shrirampur on 13<sup>th</sup> Feb 2015.
32. Attended District Level Workshop on “Vidyarthini Vyaktimahatva Vikas” at R.B. Narayanrao Borawake College, Shrirampur on 11<sup>th</sup> Feb 2015.
33. Attended Workshop on “Vidyarthini Vyaktimahatva Vikas Shibir” at R.B. Narayanrao Borawake College, Shrirampur on 19<sup>th</sup> Sept. 2014.

### **AVISHKAR**

1. Participated “Avishkar 2017” Competition at Arts, Science and Commerce College, Rahuri on 10<sup>th</sup> Dec 2017.

### **SEMINAR**

1. Coordinator of One Day National Seminar on “Application of Health Psychology in Day Today Life” on 21<sup>st</sup> March, 2023.
2. One Day National Seminar on the occasion of 82<sup>nd</sup> Birthday of Hon’ble Sharadraoji Pawar on “Contribution of Loknete Hon’ble Sharadraoji Pawar in Social, Economic & Political Sphere” on 11<sup>th</sup> December, 2022.
3. Attended one day state Level seminar on “Current Issues In Adolescents Behavior” at Chhatrapati Shivaji College, Satara (Autonomous) on 16<sup>th</sup> March 2021.
4. Attended and Paper presentation in National Level Seminar on “strategy of war and psychology” at Babuji Avhad Mahavidyalay, Pathardi on 12<sup>th</sup> & 13<sup>th</sup> Jan 2018.

## **OTHER ACTIVITIES**

1. Participated “Gandhi Vichar Sanskar Pariksha” at R.B. Narayanrao Borawake College, Shrirampur in academic year 2016.
2. Participated “Gandhi Vichar Sanskar Pariksha” at R.B. Narayanrao Borawake College, Shrirampur in academic year 2015.
3. Participated “Gandhi Vichar Sanskar Pariksha” at R.B. Narayanrao Borawake College, Shrirampur in academic year 2014.

## **DECLARATION**

I hereby declare that according to the best of my knowledge, the information furnished above is true and correct.

**Date:** / /

**Yours Faithfully**

**(Miss. Suvarna Badrinath Chintamani)**