

Rayat Shikshan Sanstha`s  
**Chhatrapati Shivaji College, Satara**  
**(Autonomous)**



Accredited By NAAC with 'A+' Grade  
**Semester Pattern, Choice Based Credit System**

Syllabus For

**B.A. Part - II**

**Psychology**

**&**

**Logic**

(Syllabus to be implemented from June, 2020 onwards)



**Rayat Shikshan Sanstha's**  
**Chhatrapati Shivaji College, Satara (Autonomous)**  
**Department of Psychology**  
**B.A.II Psychology, Semester III & IV**  
**Titles and Subject Code**

Sr. No.	Semester	Name of the Course	Subject code	Discipline Specific Elective
1	III	Psychology for Living	PSYO3	Psychology Course-3
2		Social Psychology	PSYO4	Psychology Course-4
3	IV	Modern Social Psychology	PSYO5	Psychology Course-5
4		Applied Psychology	PSYO6	Psychology Course-6

**IDS (Inter Disciplinary Studies)**

Sr. No.	Sem.	Name of the Course	Subject code	Inter Disciplinary Studies
1	III	(IDS) Logic (T) Deductive	LOG1 (IDS)	Generic Elective 1
2	IV	(IDS) Logic (T) Inductive	LOG2 (IDS)	Generic Elective 2

**COURSE STRUCTURE**

**B.A. PART-II: PSYCHOLOGY**

Sr. No.	Sem.	Title of the Paper	Discipline Specific Elective	Distribution of Credit	Workload Per week	Total Credit	Theory Marks	Internal Evaluation
1	III	Psychology for Living	Psychology Course-3	4	4 Lectures	16	60	40
2	III	Social Psychology	Psychology Course-4	4	4 Lectures		60	40
3	IV	Modern Social Psychology	Psychology Course-5	4	4 Lectures		60	40
4	IV	Applied Psychology	Psychology Course-6	4	4 Lectures		60	40

**B.A. PART - II: INTER DISCIPLINARY STUDIES (IDS)**

<b>Sr. No.</b>	<b>Sem.</b>	<b>Title of the Paper</b>	<b>Course</b>	<b>Distribution of Credit</b>	<b>Workload</b>	<b>Total Credit</b>	<b>Theory Marks</b>	<b>Internal Evaluation</b>
1	III	(IDS) Logic (T) Deductive	I	4	4 Lectures	8	60	40
2	IV	(IDS) Logic (T) Inductive	II	4	4 Lectures		60	40

**B.A.II PSYCHOLOGY  
EQUIVALENCE**

<b>Sr. No.</b>	<b>Class</b>	<b>Semester</b>	<b>Paper No.</b>	<b>Title of the Paper Old</b>	<b>Title of the Paper (New)</b>
1	B.A.II	III	3	Psychology for Living	Psychology for Living
2	B.A.II	III	4	Social Psychology	Social Psychology
3	B.A.II	IV	5	Modern Social Psychology	Modern Social Psychology
4	B.A.II	IV	6	Applied Psychology	Applied Psychology
5	B.A.II	III	1	(IDS) Logic (T) Deductive	(IDS) Logic (T) Deductive
6	B.A.II	IV	2	(IDS) Logic (T) Inductive	(IDS) Logic (T) Inductive



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**Choice Based Credit System**  
**B.A. Part - II Semester - III**  
**Psychology Course – 3**  
**June 2020 onwards**  
**Psychology for Living**  
**Subject Code: (PSYO3)**  
**(Credit: 04)**

**Preamble:** This paper is intended for students' interest in applying psychological insights and principles to their own lives as a way of achieving a better understanding of themselves and of living more effectively.

**Course Outcomes:**

CO-1 Explain social change, challenge of self-direction and themes of personal growth.

CO-2 Discuss body image, mind-body relationship and promoting wellness.

CO-3 Identify stress and its effects in day today life.

CO-4 Describe the self-concept.

**Expected Skills impartation (Through theory and practical`s )**

1. Reading skills
2. Comprehension skills
3. Stress management

<b>Unit No.</b>	<b>Contents</b>	<b>Periods</b>	<b>Cos</b>
<b>Unit:1</b>	<b>Self-Direction in a Changing World</b> 1.1 Social Change A) Living in a Technological World B) Living with other Social Changes 1.2 The Challenge of Self-Direction A) Self-Direction and Society	<b>15</b>	<b>CO1</b>

	<p>B) Positive Psychology and the Humanistic Perspective</p> <p>C) Living in Today's Individualistic Society</p> <p>1.3 Themes of Personal Growth</p> <p>A) Living with Contradictions and Uncertainty</p> <p>B) Continuity and Change</p> <p>C) The Experience of Personal Growth</p>		
<b>Unit:2</b>	<p><b>Toward Better Health</b></p> <p>2.1 Body Image</p> <p>A) How We Feel About Our Bodies?</p> <p>B) Media and Body Image</p> <p>C) Our Ideal Body</p> <p>2.2 Health and the Mind-Body Relationship</p> <p>A) The Immune System</p> <p>B) Personality</p> <p>C) Life Style Choices</p> <p>2.3 Promoting Wellness</p> <p>A) Taking Charge of Your Own Health</p> <p>B) Eating Sensibly</p> <p>C) Keeping physically fit</p> <p>D. Finding Social Support</p>	<b>15</b>	<b>CO2</b>
<b>Unit:3</b>	<p><b>Stress</b></p> <p>3.1 Understanding Stress</p> <p>A. Conceptualizing Stress</p> <p>B. Major Causes of Stress</p> <p>C. Stress in College</p> <p>3.2 Reactions to Stress</p> <p>A. Physiological Stress Reactions</p> <p>B. Psychological Stress Reactions</p> <p>C. How Do You React to Stress?</p> <p>3.3 Managing Stress</p> <p>A. Modifying Your Environment</p> <p>B. Altering Your Lifestyle</p> <p>C. Using Stress for Personal Growth</p>	<b>15</b>	<b>CO3</b>

<b>Unit:4</b>	<b>Seeking Selfhood</b> 4.1 What Is Self-Concept? A. The Components of the Self B. Self-Image C. Ideal Self D. Social Self 4.2 Core Characteristics of Self-Concept A. Self-Consistency B. Self-Esteem C. Self-Enhancement and Self-Verification 4.3 The Self-Concept and Personal Growth A. The Self You'd Like to Be B. Learning from Criticism C. Greater Self-Direction	<b>15</b>	<b>CO4</b>
<b>Practical work: Case Study / Field Survey / Field Visits / Project</b> 1. Measurement of progress on the road of self-actualization. CO-1 2. Rating the health habits. CO-2 3. Calculation of a healthy weight. CO-3 4. Measurement of behavior pattern Type : A or B. CO-4 5. Self-Affirming activities. CO-4			
<b>Reference Books:</b> 1. Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). <i>Psychology for Living-Adjustment, Growth, and Behavior Today</i> . (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd. 2. Atwater, E. (1994). <i>Psychology for Living</i> (5th ed.). New Delhi: Prentice-Hall of India Private Ltd. 3. Barve, B. N. (1998). <i>Jivanmanache Manasshastra</i> . Jalana: Sankalp Pub. 4. Weiten, W. & Margaret, A.L. (1994). <i>Psychology Applied to Modern Life</i> , (7th ed.).Singapore: Thomson Asia Pvt. Ltd. 5. Shirgave, Naik, Ghaste. (2014). <i>Upyojit Manasshatra</i> , Pune :Nirali Prakashan. 6. Patil, Anagha & Rajhans Manasi. (1998). <i>Jivnopyogi Manasshastra</i> , Pune : UnmeshPrakashan.			

7. Shirgave, Naik, Ghaste. (2019). Upyojit Manasshatra, Pune :Nirali Prakashan.
8. Shirgave, Naik, Ghaste. (2019). Jivanopyogi Manasshatra, Pune :Nirali Prakashan.
9. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). Jivanopyogi Manasshatra, Kolhapur : Fadake Prakashan.
10. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). UpyojitManasshatra, Kolhapur :Fadake Prakashan.
11. Y.C.M.O.U., Nashik : Vyktimatv Vikas (PSY273)

### **Suggested Research Journal**

1. Behavioral Disorders, Sage Publications Inc., 2455 Teller Rd, Thousand Oaks, USA.
2. Journal of Counseling Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
3. Journal of Emotional and Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
4. Applied Psychology-An International Review-Psychology Applique-Revue International, Wiley, 111 River St, Hoboken, USA.
5. Applied Psychology-Health and Well Being, Wiley, 111 River St, Hoboken, USA.
6. Behavioral Sciences & the Law, Wiley, 111 River St, Hoboken, USA.
7. British Journal of Guidance & Counselling, Rout ledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
8. Counseling Psychologist, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
9. European Review of Applied Psychology- Elsevier France-Editions Scientific Medicals Elsevier, 65 Rue Camille Desmoulins,.
10. Human Performance, Rout ledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
11. International Journal of Stress Management, Amer Psychological Assoc, 750 First St Ne, Washington, USA.

12. Journal of Applied Behavioral Science, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.

13. Journal of Applied Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.

14. Journal of Behavioral Decision Making, Wiley, 111 River St, Hoboken, USA.

**Additional readings:**

1. Lokastta
2. Maharastra Times
3. Saptahik Sakal
4. Lokprabha

**Medium of Instruction** – Marathi/English





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**Chhatrapati Shivaji College, Satara**  
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**Choice Based Credit System**  
**B.A. Part - II Semester - III**  
**Psychology Course – 4**  
**June 2020 onwards**  
**Social Psychology**  
**Subject Code: (PSYO4) (Credit 04)**

**Preamble:** The social world, has changed tremendously in recent years, perhaps more quickly and dramatically than at any time in the past. Social psychology is the branch of psychology that studies all aspects of our behavior with and toward others, our feelings and thoughts about them, and the relationships we develop with them. Social psychology provides many important insights crucial to understanding the social changes. Although many basic principles of social life remain, in essence, unchanged, the ways in which these principles are expressed and experienced have changed drastically. This course illustrates how understanding social psychological processes can help to improve many aspects of life. The students pursuing this course would have to develop understanding of nature, scope and subject matter of social psychology, importance of social perception, self and self esteem. They would also have to develop understanding of attitude and its formation, the science of persuasion and cognitive dissonance and their applications in day today.

**Course Outcomes:**

CO-1 Acquaint the students with processes of social psychology

CO-2 Introduction of the concept of social perception

CO-3 Acquaint the students with self and self esteem

CO-4 Introduction of the concepts of attitude formation, persuasion and cognitive dissonance

**Expected Skills impartation (Through theory and practical's )**

1. Reading skills
2. Comprehension skills
3. Stress management

Unit No.	Contents	Periods	Cos
<b>Unit:1</b>	<p><b>Introduction to Social Psychology</b></p> <p><b>1.1. Definition of Social Psychology</b></p> <p>A. Social Psychology is Scientific in Nature</p> <p>B. Social Psychology focuses on the Behavior of individuals</p> <p>C. Social Psychology seek to understand the causes of social behavior</p> <p>D. The Search for Basic Principles in a Changing Social World</p> <p><b>1.2. Social Psychology: Advances at the Boundaries</b></p> <p>A. Cognition and Behavior</p> <p>B. The role of emotion in the social side of life</p> <p>C. Social Relationship</p> <p>D. Social Neuroscience</p> <p><b>1.3. Research as the Route to Increased Knowledge</b></p> <p>A. Systematic Observation</p> <p>B. The Experimental Method</p> <p>C. Correlation Method</p> <p><b>1.4. The Role of Theory in Social Psychology</b></p>	<b>15</b>	<b>CO1</b>
<b>Unit:2</b>	<p><b>Social Perception</b></p> <p><b>2.1. Non-Verbal Communication</b></p> <p>A. Basic Channels of Non-Verbal Communication</p> <p>B. Non-Verbal Cues in Social Life</p> <p>C. Recognizing Deception</p> <p><b>2.2. Attribution</b></p> <p>A. Theories of Attribution</p> <p>I) Correspondent Inference Theory</p> <p>II) Kelley's Co variation Theory</p> <p>B. Basic Sources of Error in Attribution</p>	<b>15</b>	<b>CO2</b>

	<p>C. Application of Attribution Theory</p> <p>I) Attribution and Depression</p> <p>II) Attribution And Terrorism</p> <p><b>2.3. Impression Formation and Management</b></p> <p>a) Impression Formation</p> <p>b) Impression Management</p>		
<b>Unit:3</b>	<p><b>The Self</b></p> <p><b>3.1. Self-Presentation</b></p> <p>A. Self-Other Accuracy in Predicting Our Behavior</p> <p>B. Self-Presentation Tactics</p> <p><b>3.2. Personal Identity Versus Social Identity</b></p> <p>A. Who I Think I Am Depends on the Social Context?</p> <p>B. Who I Am Depends on Others Treatment?</p> <p>C. The Self Across Time: Past and Future Selves</p> <p>D. Why Self-Control Can Be Difficult to Achieve</p> <p><b>3.3. Self-Esteem</b></p> <p>a) The Measurement of Self-Esteem</p> <p>b) How Migration Affects Self-Esteem?</p> <p>c) Do Women and Men Differ in their Level of Self-Esteem?</p>	<b>15</b>	<b>CO3</b>
<b>Unit:4</b>	<p><b>Attitude</b></p> <p><b>4.1. Attitude Formation</b></p> <p>a) Classical Conditioning</p> <p>b) Instrumental Conditioning</p> <p>c) Observational Learning</p> <p><b>4.2. The Science of Persuasion</b></p> <p>a) Persuasion: Communicators, Messages and Audiences</p> <p>b) The Cognitive Processes Underlying Persuasion</p> <p><b>4.3. Cognitive Dissonance</b></p>	<b>15</b>	<b>CO4</b>

	a) Dissonance and Attitude Change b) Alternative Strategies for Resolving Dissonance c) When Dissonance is a Tool for Beneficial Changes in Behavior?		
<b>Practical work: Case Study / Field Survey / Field Visits / Project</b> <ol style="list-style-type: none"> <li>1. Observations</li> <li>2. Case Study</li> <li>3. Field Survey</li> <li>4. Field Visits</li> <li>5. Project</li> </ol>			
<b>Reading Books:</b> <ol style="list-style-type: none"> <li>1. Branscombe , N. R., Baron, R. A. &amp; Kapur, P. (2017). <i>Social Psychology</i>. (14<sup>th</sup> ed.), Noida (UP): Pearson India Education Services Pvt. Ltd., Second Impression 2018.</li> <li>2. Branscombe, Nyla, R. &amp; Baron, Robert A.(2017). <i>Social Psychology</i>.(14<sup>th</sup> Golden Edition).Pearson Education Limited.</li> </ol> <b>Books for Reference:</b> <ol style="list-style-type: none"> <li>1. Aronson, E., Wilson, T. D., Akert, R. M. &amp; Sommers, S. R.(2015). <i>Social Psychology</i>.(9<sup>th</sup> ed.) New Jersey: Pearson Education Practice Hall.</li> <li>2. Aronson, Elliot., Wilson, Timothy. D., &amp; Sommers, Samuel, R. (2018). <i>Social Psychology</i> (10<sup>th</sup> ed.)Pearson Education</li> <li>3. Baron, R. A. &amp; Branscombe , N. R. (2012). <i>Social Psychology</i>. (13<sup>th</sup> ed.)New Delhi: Pearson Education: Indian Reprint 2014.</li> <li>4. Baron, Robert A., &amp; Branscombe, Nyla R.,(2012). <i>Social Psychology</i>. (13<sup>th</sup> Edition). Pearson Education Practice Hall.</li> <li>5. Baron, Robert A., &amp; Branscombe, Nyla, R.(2014). <i>Social Psychology</i>.(13<sup>th</sup> ed.). Pearson New International Edition, Pearson Education Limited.</li> <li>6. Heinzen, Thomas., &amp; Goodfriend,Wind.(2019). <i>Social Psychology</i>. Sage Publications, Inc.</li> <li>7. Mercer, J. &amp; Clayton, D. (2014).<i>Social Psychology</i>. New Delhi: Dorling Kindersley</li> </ol>			

India Pvt.

8. Myers, David., Jordan, Christian. Smith, Steven. & Spencer, Steven. (2018). *Social Psychology*. (Seventh Canadian Edition). McGraw-Hill.

**Suggested Research Journal**

1. European Journal of Social Psychology
2. Journal of Experimental Social Psychology
3. Journal of Personality and Social Psychology
4. The Journal of Social Psychology
5. Personality and Social Psychology Bulletin
6. Social Psychological and Personality Science
7. British Journal of Social Psychology
8. Asian Journal of Social Psychology\Journal of Social Issues
9. Social Psychology Quarterly

**Additional readings:**

1. Lokastta
2. Maharastra Times
3. SaptahikSakal
4. Lokprabha

**Medium of Instruction** – Marathi/English



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**Choice Based Credit System**  
**B.A. Part - II Semester - IV**  
**Psychology Course – 5**  
**June 2020 onwards**  
**Modern Social Psychology**  
**Subject Code: (PSYO5)**  
**(Credit 04)**

**Preamble:** Social psychology does provide powerful means of comprehending why people think, feel, and act as they do, and these ideas, in turn, illuminate how the social world shapes who we are and the processes by which we can achieve change, in ourselves and the social world. This course offers students a valuable means of learning about themselves and the social world in which they live. The purpose of teaching this paper is to understand attraction, social influence pro-social behavior and aggression. The intention is to aid students in their potential roles in the society, that impact upon the lives of developing persons and, indeed, the entire community.

**Course Outcomes:**

- CO-1 Acquaint the students with processes of liking (attraction) and sources of liking
- CO-2 Introduction of the concept of social influence, conformity and compliance.
- CO-3 Understand pro-social behavior.
- CO-4 Understand the concept of aggression.

**Expected Skills impartation (Through theory and practical's )**

1. Reading skills
2. Comprehension skills
3. Analytical Skills

Unit No.	Contents	Periods	Cos
<b>Unit:1</b>	<p><b>Liking (Attraction)</b></p> <p><b>1.1. Internal Sources of Liking Others</b></p> <p>A. The importance of Affiliation in Human Existence</p> <p>B. The Role of Affect</p> <p><b>1.2. External Sources of Attraction</b></p> <p>A. The Power of Proximity</p> <p><b>B. Physical Beauty</b></p> <p><b>1.3. Sources of liking Based on Social Interaction</b></p> <p>A. Similarity</p> <p>B. Reciprocal Liking or Disliking</p> <p>C. Social skills</p> <p>D. Personality and Liking</p>	<b>15</b>	<b>CO1</b>
<b>Unit:2</b>	<p><b>Social Influence</b></p> <p><b>2.1. Conformity</b></p> <p>A. Social Pressure</p> <p>B. How Social Norms Emerge</p> <p>C. Factors Affecting Conformity</p> <p>D. Social Foundations of Conformity</p> <p>E. Reasons for Non-Conformity</p> <p>F. The Downside of Conformity</p> <p><b>2.2. Compliance</b></p> <p>A. The Understanding Principles of Compliance</p> <p>B. Tactics Based on Friendship or Liking</p> <p>C. Tactics Based on Commitment or Consistency</p> <p>D. Tactics Based on Reciprocity</p> <p>E. Tactics Based on Scarcity</p> <p><b>2.3. Obedience to Authority</b></p> <p>A. Obedience in the Laboratory</p> <p><b>B. Why Destructive Obedience Occurs</b></p> <p><b>C. Resisting the Effects of Destructive Obedience</b></p>	<b>15</b>	<b>CO2</b>

<b>Unit:3</b>	<b>Pro-social Behavior</b>  <b>3.1. Why People Help?</b> A. Empathy –Altruism B. Negative-State Relief C. Empathic Joy D. Competitive Altruism E. Kin Selection Theory F. Defensive Helping <b>3.2. Factors That Increase or Decrease the Tendency to Help</b> A. Factors That Increase Pro-social Behavior B. Factors That Reduce Helping <b>3.3. Crowd Funding: A New Type of Pro-social Behavior</b> A. Emotion and Pro-social Behavior B. Gender and Pro-social Behavior	<b>15</b>	<b>CO3</b>
<b>Unit:4</b>	<b>Aggression</b>  <b>1.1 Perspectives on Aggression</b> A. The Role of Biological Factors B. Drive Theories\Modern Theories of Aggression <b>1.2 Causes of Human Aggression</b> A. Basic Sources of Aggression B. Social Causes of Aggression C. Gender and Aggression D. Situational Determinants of Aggression <b>1.3 The Prevention and Control of Aggression</b> A. Punishment B. Self-Regulation C. Catharsis D. Reading Aggression by Thinking Non-aggressive Thoughts	<b>15</b>	<b>CO4</b>
<b>Practical work: Case Study / Field Survey / Field Visits / Project</b> 1. Observations 2. Case Study 3. Field Survey			



4. Field Visits
5. Project

**Reading Books:**

1. Branscombe , N. R., Baron, R. A. & Kapur, P. (2017). *Social Psychology*. (14<sup>th</sup> ed.), Noida (UP): Pearson India Education Services Pvt. Ltd., Second Impression 2018.
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**Suggested Research Journal**

1. European Journal of Social Psychology
2. Journal of Experimental Social Psychology
3. Journal of Personality and Social Psychology
4. The Journal of Social Psychology
5. Personality and Social Psychology Bulletin

6. Social Psychological and Personality Science
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9. Social Psychology Quarterly

**Additional readings:**

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**Medium of Instruction** – Marathi/English



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**B.A. Part - II Semester - IV**  
**Psychology Course – 6**  
**June 2020 onwards**  
**Applied Psychology**  
**Subject Code: (PSYO6)**  
**(Credit 04)**

**Preamble:** Applied Psychology include many branches of psychology like clinical, personality, social and developmental psychology as well as important fields of cognitive, biological and health psychology. The aim of this paper is to increase students' understanding as well as their knowledge about personal adjustment, in order that they may continue learning on their own.

**Course Outcomes:**

- CO-1 Define and summarize the benefits of perceived control and decision making.
- CO-2 Discuss several factors affecting our attraction to others and mutual self-disclosure shapes friendships.
- CO-3 Compare love with friendship and the characteristics of successful and unsuccessful marriages.
- CO-4 Summarize the main features of psychoanalysis, person-centered, cognitive and behavioural therapy.

**Expected Skills impartation (Through theory and practical's )**

1. Summarizing skills
2. Comprehension skills
3. Analytical Skills

<b>Unit No.</b>	<b>Contents</b>	<b>Periods</b>	<b>Cos</b>
<b>Unit:1</b>	<b>Taking Charge</b> 1.1 Personal Control		

	<ul style="list-style-type: none"> <li>A. Explaining Perceived Control</li> <li>B. The Benefits of Perceived Control</li> <li>C. Misperception and Maladjustment</li> <li>D. Learned Optimism</li> <li>E. Defensive Pessimism</li> <li>1.2 Decision Making <ul style="list-style-type: none"> <li>A. The Process of Decision Making</li> <li>B. Critical Elements in Decision Making</li> <li>C. Post-Decision Regret</li> <li>D. Making Better Decisions</li> </ul> </li> <li>1.3 Decisions and Personal Growth <ul style="list-style-type: none"> <li>A. Making New Decisions</li> <li>B. Some practical Applications</li> </ul> </li> </ul>	<b>15</b>	<b>CO1</b>
<b>Unit:2</b>	<p><b>Making and keeping friends</b></p> <ul style="list-style-type: none"> <li>2.1 Meeting People <ul style="list-style-type: none"> <li>A. Are First Impressions Most Important?</li> <li>B. Factors that Influence First Impressions</li> <li>C. Mistaken Impressions</li> </ul> </li> <li>2.2 Keeping Friends <ul style="list-style-type: none"> <li>A. When Friends Get Together?</li> <li>B. Self-disclosure – Those Little Secrets</li> <li>C. Gender Differences in Friendship</li> <li>D. Staying Friends</li> </ul> </li> <li>2.3 When It’s Hard to Make Friends? <ul style="list-style-type: none"> <li>A. Shyness</li> <li>B. Loneliness</li> </ul> </li> </ul>	<b>15</b>	<b>CO2</b>
<b>Unit:3</b>	<p><b>Love and Commitment</b></p> <ul style="list-style-type: none"> <li>3.1 Love is a Many Splendored (and Defined) Thing <ul style="list-style-type: none"> <li>A. The Many Definitions of Love</li> <li>B. Love and Friendship</li> <li>C. Love and Attachment</li> </ul> </li> <li>3.2 Finding Love <ul style="list-style-type: none"> <li>A. Online Dating</li> </ul> </li> </ul>	<b>15</b>	<b>CO3</b>

	<p>B. The importance of Self-disclosure</p> <p>3.3 Marriage and Other Committed Relationships</p> <p>A. Cohabitation</p> <p>B. Marriage</p> <p>3.4 Adjusting to Intimate Relationships</p> <p>A. Attitude adjustment</p> <p>B. Sharing Responsibilities</p> <p>C. Communication and Conflict</p> <p>D. Making the Relationship Better</p> <p>E. Sexuality</p>		
<b>Unit:4</b>	<p><b>Psychotherapies : If You go for help</b></p> <p>4.1 Psychotherapy</p> <p>A. Gender differences in adulthood</p> <p>B. Cultural Issues</p> <p>C. Applying it to Yourself</p> <p>4.2 Insight Therapies</p> <p>A. Psychoanalysis</p> <p>B. Person-centered Approach</p> <p>4.3 Cognitive and Behavioural Therapies</p> <p>A. Behavioural Therapies</p> <p>B. Cognitive Therapies</p> <p>C. Cognitive-Behavioural Therapy</p>	<b>15</b>	<b>CO4</b>
<p><b>Practical work: Case Study / Field Survey / Field Visits / Project</b></p> <ol style="list-style-type: none"> <li>1. Measurement of perceived control –CO-1</li> <li>2. Study of shyness with the help of shyness scale CO-2</li> <li>3. Survey of Happy and unhappy couples CO-3</li> <li>4. Health care : What are alternative forms of Therapy CO-4</li> </ol>			
<p><b>Reference Books:</b></p> <ol style="list-style-type: none"> <li>1. Kirsh, S.J., Duffy, K.G., &amp; Atwater, E. (2015). <i>Psychology for Living-Adjustment, Growth, and Behavior Today</i>. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd.</li> <li>2. Atwater, E. (1994). <i>Psychology for Living</i> (5th ed.). New Delhi: Prentice-Hall of India Private Ltd.</li> </ol>			

3. Barve, B. N. (1998). *Jivanmanache Manasshastra. Jalana: Sankalp Pub.*
4. Weiten, W. & Margaret, A.L. (1994). *Psychology Applied to Modern Life*, (7th ed.).Singapore: Thomson Asia Pvt. Ltd.
5. Shirgave, Naik, Ghaste. (2014). *UpyojitManasshatra*, Pune :Nirali Prakashan.
6. Patil, Anagha & Rajhans Manasi. (1998). *Jivnopyogi Manasshastra* , Pune : Unmesh Prakashan.
7. Shirgave, Naik, Ghaste. (2019). *Upyojit Manasshatra*, Pune :Nirali Prakashan.
8. Shirgave, Naik, Ghaste. (2019). *Jivanopyogi Manasshatra*, Pune :Nirali Prakashan.
9. Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). *Jivanopyogi Manasshatra*, Kolhapur :Fadake Prakashan.
- 10.Hirve, R. S.; Tadsare, V.D.; Tambake, K. B. (2019). *Upyojit Manasshatra*, Kolhapur :Fadake Prakashan.
- 11.Y.C.M.O.U., Nashik : VyktimatvVikas (PSY273)

### **Suggested Research Journal**

1. Behavioral Disorders, Sage Publications Inc., 2455 Teller Rd, Thousand Oaks, USA.
2. Journal of Counseling Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
3. Journal of Emotional and Behavioral Disorders, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
4. Applied Psychology-An International Review-Psychology Applique-Revue International, Wiley, 111 River St, Hoboken, USA.
5. Applied Psychology-Health and Well Being, Wiley, 111 River St, Hoboken, USA.
6. Behavioral Sciences & the Law, Wiley, 111 River St, Hoboken, USA.
7. British Journal of Guidance &Counselling, Rout ledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
8. Counseling Psychologist, Sage Publications Inc, 2455 Teller Rd, Thousand

Oaks, USA.

9. European Review of Applied Psychology- Elsevier France-Editions Scientific Medicals Elsevier, 65 Rue Camille Desmoulins,.
10. Human Performance, Routledge Journals, Taylor & Francis Ltd, 2-4 Park Square, Milton Park, Abingdon, England, Oxon.
11. International Journal of Stress Management, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
12. Journal of Applied Behavioral Science, Sage Publications Inc, 2455 Teller Rd, Thousand Oaks, USA.
13. Journal of Applied Psychology, Amer Psychological Assoc, 750 First St Ne, Washington, USA.
14. Journal of Behavioral Decision Making, Wiley, 111 River St, Hoboken, USA.

**Additional readings:**

1. Lokastta
2. Maharashtra Times
3. SaptahikSakal
4. Lokprabha

**Medium of Instruction** – Marathi/English



Rayat Shikshan Sanstha's  
**Chhatrapati Shivaji College, Satara (Autonomous)**

Department of Psychology

**Revised Question Paper Pattern**

**Semester End Examination**

*Under Graduate: B.A. in Psychology*

**Instruction:**

1. All Questions are Compulsory.
2. All Questions carry equal marks.
3. Figures to the right indicate full marks.

**Day and Date:**

**Total Marks: 60**

**Time:**

=====

**Q. 1. Objective Questions**

- A) Choose the correct alternatives from the following. 10
- B) Answer in one sentence, 05

**Q.2. Write short Notes (*Three out of Five*) 15**

- A)
- B)
- C)
- D)
- E)



**Q.3. Write short answer (*Three out of Five*)**

15

- A)
- B)
- C)
- D)
- E)

**Q.4. Answer following questions.**

A) Answer following question in broad.

15

OR

B) Answer following question in short.

**Instruction for paper setting:**

1. Question paper should be set on three units of the syllabus.
2. One unit should be kept for Class Test (Internal Evaluation).
3. Equal weightage should be given to all the three units.
4. **Question 3** is dedicated to Reference to Context, translation, interview, definitions, meaning of concepts, tree diagram, reasoning, advertisement writing, telephonic conversation, do as directed, mention characteristics, highlights, stylistics, story writing, role playing, abstract writing, paraphrasing.  
(choose one of the formats)



**Rayat Shikshan Sanstha's**  
**Chhatrapati Shivaji College, Satara (Autonomous)**  
**Department of Psychology**  
**Internal Evaluation Methods**  
**Total Marks: 40**

<b>Sr. No.</b>	<b>Social Sciences</b>
<b>A</b>	<b>Class Test (20Marks)</b>
1	Written Test
2	Online Test
3	Open-book Test
4	Surprise Test
<b>B</b>	<b>Assignment- B.A.-I (10Marks)</b>
	Group Discussion-B.A.-II
	Seminar/Project-B.A.-III
	Book Review/ Seminar-M.A.-I
	Research Paper/ Research Project-M.A.II
<b>C</b>	<b>Subject Specific Activities (10Marks)</b>
1	Article writing in news paper
2	Blog Writing
3	Collection of Climatic Data
4	Debate

5	Downloading of Satellite Imageries
6	Excursion
7	Field Survey
8	Flip
9	Google Classroom
10	Industrial Visit
11	Internship
12	Kahoot
13	Mapwork
14	MOOC
15	Online Course
16	Out rich Programme-IIRS
17	Participation in Seminar, Conference
18	Participation in Celebration of Days and weeks
19	Poster
20	Quiz
21	Report Writing
22	Societal Activities
23	Surveying
24	Theme Based-Paper cutting
25	Unmanned Vehicle Survey-Drone

26	Use of ICT for collection of information, Data
27	Wall Paper
28	Participation in NSS/NCC
29	Achievement in Sport/Cultural/Extra Curricular Activities/ Participation in Departmental Activities
30	SWAYAM

**Note: Class test will be devoted to one of the Unit from the syllabus it carries 20 Marks**



**Rayat Shikshan Sanstha's**  
**Chhatrapati Shivaji College, Satara**  
**(Autonomous)**  
**Choice Based Credit System**  
**B.A. II Semester III**  
**June 2020 onwards**  
**I.D.S Course**  
**Logic (T) ( Deductive ) – I**  
**Subject Code: LOG 1**  
**(Credit 04)**

**Preamble:** Logic is the important tool to develop critical thinking. When used in arguments and decision making, deductive reasoning is used as a guideline to present factual evidence. Deductive reasoning allows them to apply the theories to specific situations. Logic study will student to develop analytical soft skills.

**Course Outcomes:**

- CO-1 Describe the basic concepts of logic
- CO-2 Understand the Classification of propositions
- CO-3 Distinguish between two types of immediate inferences
- CO-4 Understanding syllogism and dilemma

**Expected Skills impartation ( Through theory and practical ):**

1. Implanting analytical thinking.
2. Providing applications of theories in practical.

<b>Unit No.</b>	<b>Contents</b>	<b>Periods</b>	<b>CO's</b>
<b>Unit:1</b>	<b>Nature and scope of Logic</b> A. Kinds of knowledge, definition and nature of logic B. Deductive and inductive Inference C. Propositions , Term, Laws of Thought	<b>15</b>	<b>CO 1</b>
<b>Unit:2</b>	<b>Classification of Propositions</b> A. Categorical Proposition	<b>15</b>	<b>CO 2</b>

	B. Conditional Propositions C. Distribution of terms of A,E,I,O Propositions		
<b>Unit:3</b>	<b>Immediate Inference</b> A. Oppositions of prepositions B. Education - Conversion and Observation	<b>15</b>	<b>CO 3</b>
<b>Unit:4</b>	<b>Mediate Inference</b> A. Categorical syllogism – Nature, general rules, figures and moods B. Mixed Hypothetical Syllogism – rules, kinds and fallacies B. Dilemma - nature, structure types, sources of fallacies in a dilemma, Refutation and rebuttal of dilemma	<b>15</b>	<b>CO 4</b>
<b>Practical Work:</b> 1. Applying dilemma theory for journalism and other sectors			<b>CO 4</b>
<b>Reference Books:</b> 1. Dikshit, Shrinivas (1967), <i>Tarkshashtra</i> . Kolhapur: Maharashtra Granth Bhandar 2. Hulyalkar, S. G.; Kale S. V.; Kawale, S. R.(1959), <i>Sugam Tarkashastra aani vaidnyanik padhatti</i> . Pune :AnaathVidyarthiGruhaPrakashan. 3. Hurley, P., & Watson, L.(2018), <i>A Concise Introduction to Logic</i> . Delhi: Wadsworth 4. Kadam, Mukund (1969), <i>Sulabh Trkshastra</i> . Satara: Ravil Publication 5. Khandagale, Chandraknt (2015), <i>Nigami Tarkshashtra</i> . Sangali: Sau. Mayadevi Khandagale 6. Pataskar,N.(1968), <i>Tarkshastra</i> . Kolhapur: Maharashtra Granth Bhandar 7. Phadke, N. C.; (1959), <i>Tarkshastra aani vaidnyanik padhatti</i> . Pune :Deshmukh Prakashan.			
<b>Suggested Research Journal:</b> 1. Journal of Philosophical Logic, Springer 2. Journal of Logic and Computation, Oxford Academic 3. Logic journal of IGPL, Oxford Academic			

4. The Journal of Symbolic Logic, JSTOR
5. Journal of Applied Logic, Science Direct
6. History and Philosophy of Logic, Taylor & Francis Online

**Medium of Instruction** :Marathi / English



**Rayat Shikshan Sanstha's**  
**Chhatrapati Shivaji College, Satara**  
**(Autonomous)**  
**Choice Based Credit System**  
**B.A. II Semester-IV**  
**June 2020 onwards**  
**I.D.S Course**  
**Logic (T) ( Inductive ) – II**  
**Subject Code: LOG 2**  
**(Credit 04)**

**Preamble:** Inductive logic helps to develop scientific attitude and makes familiar with research methods. It is attempt to enable students use principles of rational emotive behaviour therapy and inductive logic principles hand in hand.

**Course Outcomes:**

CO-1 Understanding inductive leap and empirical knowledge

CO-2 Make student familiar with research methods

CO-3 Generate valid hypothesis

CO-4 Understand difference between rational and irrational thinking and disputing irrational thoughts

**Expected Skills impartation ( Through theory and practical ):**

1. Applying research findings to general population / strata
2. Developing research attitude
3. Assessing thoughts and situation on rationality criteria

<b>Unit No.</b>	<b>Contents</b>	<b>Periods</b>	<b>CO's</b>
<b>Unit:1</b>	<b>Nature and kinds of Inductive Inference</b> A. Simple Enumeration B. Analogy C. Scientific Induction	<b>15</b>	<b>CO – 1</b>
<b>Unit:2</b>	<b>Grounds of Induction</b> A. Principles of causality and uniformity of nature	<b>15</b>	<b>CO – 2</b>



	B. Observation – Characteristics, fallacies C. Experiment – Nature , Merits and Demerits		
<b>Unit:3</b>	<b>Hypothesis</b> A. Definition, nature and importance of hypothesis B. Conditions of valid hypothesis C. Verification and proof of hypothesis	<b>15</b>	<b>CO – 3</b>
<b>Unit:4</b>	<b>Rational Emotive Behavioural Therapy (REBT)</b> A. REBT : History, Basic concepts, ABC theory of personality B. 4 Core irrational beliefs, the irrational content (approval/ affiliation, achievement, comfort, power/ control, fairness), connection between irrational beliefs and irrational content C. logical disputation of irrational beliefs	<b>15</b>	<b>CO – 4</b>
<b>Practical Work: ( Case study / Project )</b>			
1. Generating hypotheses for research subject			<b>CO – 3</b>
2. Applying REBT principles to given situation			<b>CO – 4</b>
3. Disputing irrational beliefs			<b>CO – 4</b>
<b>Reference Books:</b>			
1. Dikshit, Shrinivas (1967), <i>Tarkshashtra</i> . Kolhapur: Maharashtra Granth Bhandar			
2. Hulyalkar, S. G.; Kale S. V.; Kawale, S. R.(1959), <i>Sugam Tarkashastra aani vaidnyanik padhatti</i> . Pune :Anaath Vidyarthi Gruha Prakashan.			
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7. Phadke, N. C.; (1959), <i>Tarkshastra aani vaidnyanik padhatti</i> . Pune			

:Deshmukh Prakashan.

8. Walen,S., & Dryden, W.(1992), *A Practitioner's Guide to Rational-Emotive Therapy*. New York : Oxford University Press

**Suggested Research Journal:**

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5. Journal of Applied Logic, Science Direct
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**Medium of Instruction :**Marathi / English



**Rayat Shikshan Sanstha's**  
**Chhatrapati Shivaji College, Satara (Autonomous)**  
**Department of Psychology**  
**Revised Question Paper Pattern**  
**Semester End Examination**  
*Under Graduate: B.A. Logic*

**Instruction:**

1. All Questions are Compulsory.
2. All Questions carry equal marks.
3. Figures to the right indicate full marks.

**Day and Date:**

**Total Marks: 60**

**Time:**

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**Q. 1. Objective Questions**

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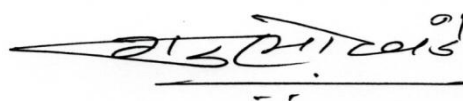
**Rayat Shikshan Sanstha's**  
**Chhatrapati Shivaji College, Satara (Autonomous)**  
**Department of Psychology**  
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6	Excursion
7	Field Survey
8	Flip
9	Google Classroom
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26	Use of ICT for collection of information, Data
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28	Participation in NSS/NCC
29	Achievement in Sport/Cultural/Extra Curricular Activities/ Participation in Departmental Activities
30	SWAYAM

**Note: Class test will be devoted to one of the Unit from the syllabus it carries 20 Marks**



**Dr. Ganesh Lokhande**  
**Head**  
**Department of Psychology**  
**Chhatrapati Shivaji College,**  
**Satara (Autonomous)**